# FIRST THINGS FIRST MONTHLY NEWSLETTER FIRST PRESBYTERIAN CHURCH, REGINA

## February 2024

## **MINISTER'S MESSAGE**

As I write this message, it's finally starting to look like a normal winter outside my window. After a very warm December, some bitterly cold days in early January, and then a very unusual warm up in later January, we may finally be experiencing some normal winter weather including some much-needed snow. But even as we are finally getting winter, the Season of Lent is about to begin in the Church Year, reminding us that Spring is coming. The word "Lent" is related to the word "lengthen" as the days get longer and we begin to approach Spring, Easter, and our celebration of the Resurrection of Christ.

This year, Lent begins very early with Ash Wednesday on February 14<sup>th</sup>. Please join us for a simple worship service at 7 pm that evening to begin the season together with prayer.

You're also invited to participate in our Lenten



Devotional Study "Practicing the Seven Last Words." Each session explores one of the last phrases that Jesus said from the cross, as recorded in the Gospels of Matthew,

Mark, Luke, and John. You can pick up a copy of the study in the narthex at the church, or download a copy from the link in my Friday email. The themes in the devotional study will give shape to our worship services during Lent, starting with Ash Wednesday, continuing each Sunday morning, and culminating in the special services during Holy Week.

#### The Holy Week services this year will include a Maundy Thursday Potluck Supper and Service on March 28<sup>th</sup> at 5:30 pm, a Good Friday Service on March 29<sup>th</sup> at 10:30 am, and an Intergenerational Easter Service on March 31<sup>st</sup> at 10:30 am.

You can follow along in the devotional study on your own if you wish. Doing so will prepare you

for worship and likely deepen your reflection and prayer throughout the season.

#### You may also choose to participate in one of the study groups that will be meeting: Tuesday evenings at 7:00 pm by Zoom, starting on February 20<sup>th</sup>. Wednesday afternoons at 2:00 pm in the Morris Room, starting on February 21<sup>st</sup>.

Connie Vissers, writing in the introduction to the Lenten Devotional Study says this about Lent: "Lent is the 40 days (excluding Sundays) leading up to Easter - a time when we recognize the many ways we have strayed from God and find ways to practice faith that lean in to God. Some people give up something they enjoy or enjoy doing for the 40 days of Lent, to instead focus that time, energy or money on God. Some people may give up screentime to make time for spiritual discipline or practice. Other people take up a practice during Lent, such as reading the Bible every day, spending time in prayer daily or practicing a devotional. Whatever you decide to do during Lent, may it help reorient your life toward the God we know and worship, as the Creator, Redeemer and Spirit.

"Unlike the season of Advent that leads to Christmas, which tends to evoke positive feelings of warmth (like hope, peace, joy, and love), Lent tends to cover a broad spectrum of human emotions. Lent is also a longer season and helps us prepare our hearts and minds for the resurrection of Christ at Easter. But Easter does not happen without first walking through a series of harrowing events: the torment and crucifixion of Jesus. This devotional covers diverse topics, including forgiveness, relationships, suffering, need, fulfillment, surrender, humility, grief, and resurrection. As such, you may find yourself experiencing a broad range of emotions as you move between very challenging but also positive topics. This is part of the season of Lent - a time when we celebrate the amazing things that Jesus has done and recognize the immense sacrifice of God in Jesus' death on the cross."

May God be with us and bless us as a congregation as we make this journey through the Season of Lent together.

Rev. Amanda Currie

#### <u>SESSION</u>

Becky and Romy de Castro (Gigi Omolida's parents) returned to the Philippines before Christmas. We received a thank you note in December, thanking First Church for your friendship and support during their time here, and a Christmas card wishing you all a joyful and peaceful 2024!

We received a copy of an obituary and I'm sharing it with you because of its historical significance. Kenneth Stewart Martin passed away Nov. 17, 2023. Stewart died peacefully from COVID and COPD after a month in the hospital. He was predeceased by his parents, Dr. Douglas Martin and Isabel Martin, and his sister Elizabeth (Toni) Martin. Stewart is survived by his brother, William Melville (Bill), Martin (Darlene); and sister, Shirley Good; as well as numerous nieces and nephews. [Shirley Good is on the roll at First.]

Stewie, as his friends called him, had a difficult life, facing many challenges, not necessarily of his own making, but due to an undiagnosed birth disability. However, he was also blessed over many years by a few very special friends who guided and watched over him to the end. The family thanks the Parkside Special Care Home for the care he received over the past couple of years. It was a safe and friendly haven for Stewart. May he rest in peace. To leave an online message, visit the Speers website. Stewart's obituary is posted on the Leader Post website.

Stewart is a descendent of William Melville Martin, who was the second premier of Saskatchewan, the first Chair of the Board of Managers at First, and one of the original trustees of First Church. The family donated a pair of stained-glass windows. Have a look at http://www.firstpresregina.ca/martinwindow.html.

We welcome Taeyang No, who is a ministry student and is being mentored by Rev. Amanda Currie as he carries out his Theological Field Experience at First. We were sorry to hear of the passing of Helen Pugsley in December. Her funeral will be held at First on Saturday, April 13, 2024 at 2:00 pm. Our thoughts and prayers are with the Pugsley family.

We welcomed the Saleem family to Canada on January 18, and they are now settled in their new home. Please take a moment when you can to introduce yourself to them and welcome them to Canada!

The date for the annual meeting has been set for Sunday, April 28, following worship, so please mark that date on your calendars. Plan to stay for lunch and the meeting.

Jo Szostak Clerk of Session

#### WORSHIP COMMITTEE



"Fear not, for I am with you, be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand." – Isaiah 41:10

The Season of Lent begins on Sunday, February 18th. Thank you to those families who have agreed to be Lenten Reader(s). We still have some dates available for those who are willing to participate. Please contact Marianne in person or at marianne@osac.ca

Lectors are needed for the months of March-June. Again, please contact Marianne if you are willing to participate. Thank you to those Lectors who are so willing to continue to contribute.

Thank you to all of those who provided music offerings during the Christmas season and in January. This includes the Choir and Contemporary Group, our Music Scholars, and soloists. Our Thursday Choir rehearsals have resumed for 2024, beginning at 7:00 pm. New members are welcome, please come by if you are interested!

Wishing each of you God's Blessings. Stay safe and healthy!

Marianne Woods Convener, Worship Committee

## **MISSION & OUTREACH COMMITTEE**

Advent In Memoriam Project:

Your generous donations to Lulu's Lodge were wonderful! We sent a cheque for \$2,805 to the home and delivered several boxes of mitts, socks, toiletry items and backpacks!

#### Warm Welcome Coalition: As you

probably already know, Regina faith communities, service agencies and other folks have been meeting since mid-October regarding a much-needed warming space for unhoused citizens during winter. The group presented a proposal to Minister Makowsky (Social Services) in late November for funding to set up Carmichael Outreach's multipurpose room as a warming space from Jan - April. City and provincial funds were secured, and the Warm Welcome space is now open from 11 pm -7 am daily. Trained staff welcome and host those who use the space, while churches and other community groups are asked to donate sandwiches and snacks each evening. First Church will supply the food on March 17; see below for how you can help.

**Upcoming opportunities to serve:** We all know how much the cost of groceries and rent has risen in the last year or two. Regina agencies are reporting higher use of food programs, as families and individuals struggle to make ends meet. Food insecurity – when people don't have enough food or are unsure if they can meet their upcoming food needs – is a big problem.

First Church is involved with three programs that "serve by serving food" this spring. Read on for what is needed and how you can help.

Sunday, March 17: It's our turn to provide sandwiches and snacks for 60 people who will visit the Warm Welcome Centre overnight. We need 4 or 5 volunteers to make sandwiches after church and assemble the snacks. It doesn't take long! If you want to bake some muffins or cookies at home and bring them to church on Sunday, we would be grateful.

Saturday, April 6: It's our turn to host the weekly Ecumenical Lunch Program, held at First Baptist Church. Many city churches co-operate to provide this weekend program which has been running since 2021. We need 12-14 volunteers to handle all the tasks: 2 to buy groceries for 200 lunches, 4 or 5 to make sandwiches in our church kitchen, and 8-10 to set up, fill lunch bags and serve guests at First Baptist. If you've joined in before, you know it is a rewarding, enjoyable time.

<u>Sunday, May 12:</u> It's our turn to supply 20 loaves of sandwiches for Waterston House, a local Salvation Army shelter. City churches take turns providing this simple meal every Sunday morning. 10-15 people volunteering to bring one or two loaves of sandwiches to the church that morning makes it easy!

How can you help with these service projects?

- Volunteer: A sign-up list will be in the Narthex by March 3 so you can volunteer for a task on one of the dates. You can also call the Church Office and have Shirley add your name and task to the list.
- Give: Our Easter In-Memoriam project will raise funds for the Ecumenical Lunch program so that we can host more Saturday lunch dates in 2024. We'll share that opportunity soon.
- Pray: Pray for people who are hungry or houseless in Regina. Pray for staff and volunteers at Carmichael Outreach, Waterston House, the Ecumenical Bag Lunch Program, and other places where

support is offered. Also pray for those who advocate for long-term solutions to poverty and houselessness in our city, and for the wisdom and compassion of political leaders who can support changes for the well-being of all.

Mary Jesse Mission & Outreach Convener

## **CHRISTIAN EDUCATION**



Sunday School Teacher Volunteers needed Our children can use your help. Our Sunday School is growing and teacher volunteers are needed. Lesson plans are provided so preparation is easy! Please add your name to the sign-up sheet just outside the gymnasium or contact Bette Kelly.

## LUNCH BUNCH

Be sure to mark your calendars for Tuesdays at lunch. The Lunch Bunch starts with Forever in Motion exercises at 11:30, followed by lunch at 12 (bring a bag lunch) and a program at 12:30.

On February 13, the Fellowship Committee is providing a pancake lunch for Shrove Tuesday,

so you don't need to bring your lunch. The cost is \$5. The congregation is invited to join us for lunch - just let Sheila know you're coming. Marianne and Gabe will be entertaining us with Valentine/love songs.



## STUDENT MINISTER AT FIRST CHURCH

If you've been at worship over the last couple of months, you may have met Taeyang No and his little son, Joel, who have been worshipping with us. Taeyang is a Presbyterian student studying through St. Andrew's Hall in Vancouver, and he's doing his "Theological Field Education" with Rev. Amanda Currie as his mentor at First Church.



Taeyang No, Joel, Rev. Amanda

Taeyang and his spouse, Sumi Jung, were both certified by the Presbytery of Assiniboia as Candidates for Ministry in The Presbyterian Church in Canada last Spring. Since they already have Master of Divinity degrees from South Korean seminaries, they are taking only five courses each in order to learn about the Canadian Presbyterian context, history, and polity before they will be ready to be ordained as ministers within our denomination.

Taeyang and Sumi are both members of Norman Kennedy Presbyterian Church here in Regina, so most Sunday mornings Sumi is at Norman Kennedy with the older two children and Taeyang is at First Church with his youngest child. You'll see Taeyang leading various aspects of the worship service, and eventually you'll hear him preach a sermon for us too. Taeyang will also be attending some Session and committee meetings, as well as Presbytery meetings to learn about various aspects of congregational ministry in Canada. After Easter, watch for an opportunity to participate in a short Bible study (2-3 sessions) with Taeyang on the Psalms.

Taeyang is very appreciative of this learning opportunity, and Amanda is enjoying the opportunity to meet with him regularly to reflect theologically and pastorally on his experiences among us. If you haven't had a chance to meet Taeyang yet, introduce yourself during coffee hour on an upcoming Sunday!

#### GUEST PREACHER FROM PRESBYTERIAN COLLEGE IN MONTREAL



On Sunday, January 28<sup>th</sup>, First Church was pleased to welcome the Rev. Dr. Karen Petersen Finch as our guest preacher for worship. Karen was in Saskatchewan as the speaker for the annual DeMargerie Series on

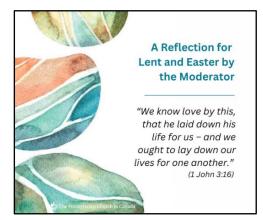
Christian Reconciliation and Unity. She presented a lecture at Campion College, a lecture at St. Thomas More College, preached at the Saskatoon Theological Union, and led two workshops at local churches (one in Saskatoon and one in Regina).

Dr. Petersen Finch is the Professor of Pastoral Leadership at Presbyterian College in Montreal, and her area of research is local ecumenical dialogue on doctrine. Karen appreciates the way Christian Churches often come together ecumenically in service, fellowship, prayer, and worship. But she suggests that Christians should also be talking and listening together about what we believe – the doctrines of our various church traditions.

At the lectures and workshops in Regina and Saskatoon. Karen shared material from her recently published book, Grassroots Ecumenism: The Way of Local Christian Reunion. The book is based on an experience of ecumenical dialogue that Karen led in Clarkston Washington between First Presbyterian Church and Holy Family Catholic Parish. The lay people of the two congregations met together over many weeks to learn and share about what they believed about salvation, the Papacy, and the Eucharist/Lord's Supper. The people learned a lot about each other, grew closer in relationship, and looked forward to continuing to cooperate with a joint Vacation Bible School program and other initiatives.

Thanks to First Church for welcoming Karen to our Sunday service, and being open to her message which was so appropriate for the Week of Prayer for Christian Unity.

#### <u>A MESSAGE FROM THE MODERATOR</u> Walking, Waiting for Our Chief: Lent and Easter



Chanis, a girl of twelve summers, lay on the grass looking up at the clouds, pondering things as she waited for her mother and grandmother to call when they were ready to go. She had wrapped her baby brother in his waspsoon (moss bag cradle), and now he was fast asleep. Her people, the Nehiyawak, were leaving their summer camp for a journey to the Miyowasin (beautiful) Lake, where they would winter. The men were delayed from their hunting trip up north, and it was getting too late to wait for them. There was much to do to prepare for winter at Miyowasin Lake - the mudding of the log cabins, cutting the wood and preparing food for winter, so the elders had decided the night before to move camp without the protection of their warriors.

Chanis sensed that something was wrong. Why had her father and the hunters not returned last week? The elders didn't tell the young ones that the other reason they decided to leave camp without the men was an underlying fear that the men might not return. Ever since their lands started being taken, farmers were putting up *no trespassing signs*. Some of their men who went on these lands to hunt had been shot. Some were put in jails, which were cabins, out on the prairies, where some of the men were locked up and left to starve and freeze to death.

The decision to leave without the men had not been easy for the elders. They knew the dangers of meeting unfriendly settlers or their relatives, the Kaskihtowak, who took every opportunity to do harm to them. At one time, the Kaskihtowak people and the Nehiyawak had been very close, hunting together and helping each other, but they had some serious disagreements and went their separate ways. Chanis wished it wasn't like that. Even though the little battles for hunting territories with their relatives had pretty much stopped now, some continued to hunt wherever there were no farms. And this included the Kaskihtowak.

The men would know where to find them, the elders had said to Chanis and the other children. They would catch up on horseback with the wagons they left at the camp. Their warriors would catch up to help and protect them the rest of the way. It was late September, and the leaves had already been changing their colours to red and yellow, and the nights were getting colder.

They were going to the Miyowasin Lake because last year, the men had built log cabins there. The Indian agent had said the settlers wanted them to stay in one place now instead of travelling with the seasons. Chanis knew her people didn't like this at all. They wanted to be free and live the way they always did, moving with nature and respecting Kitaskinow (our land). She wondered if the new people knew what it meant for people to live in one place for too long.

As she lay looking up at the sky, watching the clouds move along, she heard her mother call her. "Nitanis, sipwehtetan ekwa." (My girl, let's go now.) She lay motionless, taking in the sun's rays and feeling its' warmth on her face, for just another minute. She dreaded the nights along the way when they would set up camp each night and move on the next day. They had about seven days of walking ahead of them. She was glad for the three horses who would carry the heavy supplies, and if the elders and children got too tired or sick, the horses would pull them along in a travois.

She had prayed a silent prayer when Mosoom (grandpa) prayed with his peace pipe at dawn. She looked around at the vulnerable group of fifty-five women, children, elders, and a few young men as they started out on their journey. She had been taught to have hope and to never give up. And as she turned to join the others ahead of her, she took her first step with hope for a good journey. As they walked, Chanis kept wondering about things even though she had been taught not to worry or think too much.

She planned to carry her little brother most of the way for her mother. She was proud of her mother and grandmother; they were such strong women. But some of the mosooms (grandfathers) and kokoms (grandmothers) were not well, and she wondered if they could make the journey.

She thought of the Miyowasin Lake and how they spent last winter there. It was close to the Mispiton (Elbow) River, so they could travel from there by canoe in the spring. There were lots of fish, moose, deer, and bush for firewood in that beautiful place. But it was kind of lonely without the ceremonies that used to bring them together with their other relatives. She had packed her few personal belongings, including her pow-wow dress, even though her mother told her she had to hide it from the Indian agent. She suddenly longed to be at that place by the Miyowasin Lake because she hoped that lots of relatives would come and live with them there. They could continue to have their pow-wows and sun dances. And her people and their relatives could live together and share everything as they did long ago.

"Chanis, ekosi nitanis, sipwetinan!" (Chanis, that's enough, my girl, let's go now.) Her mother's voice had broken through her thoughts for a second time.

She quickly jumped up and hoisted her baby brother up on her back in his baby carrier. She looked at her people, those ahead of her and those behind her; the children still had lots of energy, and their laughter boosted her spirit of hope. She looked back, half expecting her father and the men to ride up behind them.

As they approached the hill, she was perspiring and already a bit tired. It was hard to sleep that night and the baby woke them up early. She fell to the back of the line for a way, then caught up again with her grandmother and her mother who each had packs on their backs. Talking with her mother and grandmother always gave her courage. That night they set up camp on the other side of the hill. She could hear the coyotes howling as she drifted off to sleep. They had walked for three days and had started out for the next day when they came across some trouble. Riders from their Kaskihtowak relatives were spotted down the trail. To stay out of sight, they headed for the bushes, and that night, they found a dug-out cave on the side of the hill where the women and children stayed. There was no warm tent and no fire that night. There would be no warm tea or cooked food until they were safe again. They were fortunate that the Kaskihtowak riders had continued going in the other direction.

They found a place in the bush again the next night, with no fire to keep them warm. They had to eat the dry meat and the pimihkan (ground moose meat with fat and berries). The next day would be a challenge because they had to walk through the prairie with no trees to hide them.

At dawn, they heard a rider approaching their camp. It was their Chief all by himself! When he had found out they left the camp, he left immediately to check on them leaving the rest of the men to pack up and bring the moose meat, the wagons and the rest of the supplies. The people were relieved to hear that the men were okay. A few minutes later, they heard the distant thundering of hooves as the Kaskihtowak rode towards them. In a moment, their chief was on his horse, telling them to continue across the prairie, and he would meet them the next day across the river. Just as quickly, he rode off in full view of the Kaskihtowak relatives, who immediately turned to chase him.

Chanis cried out, "Mama, our chief – they are chasing him. He will never make it by himself. Nohkom (grandma), they will kill him. What can we do?" She wanted so desperately to get on a horse and ride out to help him. She would fight to the death for her chief! An elder reminded her, "If it's his time, the Creator and the Spirit will take care of him, and if it's not his time, the Creator and the Spirits will still take care of him." We must wait, be strong and believe that it is not his time. The adults quickly and quietly prepared to leave, urging and encouraging the children to hurry.

They made it through the meadow and across the river to the other side that day, and at last, they stopped to camp for the night. There was no warm campfire again that night. They ate their trail food and sipped some cold muskeg tea and water. They built a lean-to to keep themselves camouflaged for the night. And finally, they huddled together in the cold to rest for the night. They waited in the darkness, anxious and hoping that they would see their chief riding up to their camp at dawn.

The elders took turns keeping watch. Most of the people couldn't sleep as they waited, listening, hoping and praying that their chief and the men would arrive soon. They would dose off to sleep and be awakened by the slightest noise throughout the night. At dawn, there was no sign of their great chief. And no sign of the men with the wagons, horses and supplies. So, once again, they packed up and continued their journey.

That next night, people started to get cranky with each other and argued about lighting the campfire. Chanis and the other children were hungry and anxious, and some of the smaller children cried from being hungry for good food and from being tired. Chanis cried herself to sleep as she remembered her chief being chased to what seemed to her certain death. She tried to remain hopeful and expect her chief to come at dawn like the elders said, but it was hard to believe that. "He must really love his people to be willing to die for us like that." With this encouraging thought, she finally fell asleep.

At dawn, she woke up to the wonderful sound of the words, "Takohtew! Wanskaak!" (He has arrived. Wake up!) What a beautiful sight to see their great Chief riding towards them with the men following behind him. They ran to greet him with tears of great joy and relief. The men told them how the Chief had let the Kaskihtowak relatives chase him for miles. He took them far away from his people. He had finally stopped his horse and walked into a little bush in the prairies. The Kaskihtowak had laughed at him, made fun of him for being so stupid for thinking he could hide in a little clump of bushes. Instead of going after him, they got off their horses and waited for him to come out. But, to their amazement, the only thing that finally emerged from the bush was a white buffalo. The Creator had transformed him. The Kaskihtowak were so

afraid they got on their ponies and rode away as fast as they could.

Whatever would happen from now on, Chanis and her people did not know. But for now, they rested in the joy of knowing that their great Chief had arrived, and it was him and not the warriors who had saved them. They had walked for days and waited in hope and expectation for several cold, dark, thirsty and hungry nights. And finally, on this beautiful sunny morning, they celebrated their Chief's arrival with great joy!

"We know love by this, that he laid down his life for us – and we ought to lay down our lives for one another" (1 John 3:16).

We are all related. It is good to know and to love our relatives in the heavenly way. All my Relatives! Amen.

Lent and Easter Reflection 2024, by the Rev. Mary Fontaine, Moderator, 2024 General Assembly

## COMMUNITY EVENTS

Public Lecture - Feb. 24, 2024 "What Hippocrates Knew and the Practice of Medicine in the Modern Age"

The loss of transcendent values and religious faith in the modern age has had a profound effect on the practice of medicine for physicians and patients alike. What role, if any, does faith play in the practice of medicine, and what does Hippocrates, the "Father of Medicine" have to teach us?

Dr. John Patrick, President and Professor of the History of Science, Medicine and Faith Augustine College, Ottawa

Saturday, February 24, at 10:30 am at St. Mary the Virgin Anglican Church, 3337 15 Avenue, Regina, SK

<u>Contemplative Listening: A Formation Program</u> for the Ministry of Spiritual Direction

Facilitated by Archdiocese of Regina Spiritual Directors Group

This two-year program, September 2024 to June 2026, is limited to twelve persons who will meet once a month for ten months each year. It will include some retreats.

If you believe you are a possible candidate for this program and would like more information and an application form, contact Karen Ziegler (306) 527-2738, email: <u>k.ziegler@sasktel.net</u> or Dennis Ziegler (306) 539-7134, email: <u>d.ziegler@sasktel.net</u> before March 1, 2024.

For more information visit

https://archregina.sk.ca/group/spiritual-direction/

# DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

A PRAYER FOR LENT

(From Prayers for a Planetary Pilgrim by Edward Hays)

Show me during these Lenten days how to take the daily things of life and by submerging them in the sacred, to infuse them with a great love for you, O God, and for others. Guide me to perform simple acts of love and prayer, the real works of reform and renewal... Help me not to waste these precious Lenten days of my soul's spiritual springtime. Amen.

## February Calendar

Feb. 11	10:30 am	<b>Transfiguration Sunday</b> (Sanctuary & Online) Sunday School
	11:45 am 12:00 pm	Coffee Hour (Gym) Youth Group (Kennedy Room)
Feb. 13	11:30 am	Forever-In-Motion Exercises
	12:00 pm	Lunch Bunch: Pancake
Feb. 14	7:00 pm	Ash Wednesday Worship (Sanctuary & Online)
Feb. 15	7:00 pm	Choir
Feb. 18	10:30 am	First Sunday in Lent Intergenerational Service (Sanctuary & Online)
Feb. 20	11:45 am 11:30 am	Coffee Hour (Gym) Forever-In-Motion Exercises
Feb. 21	12:00 pm 7:00 pm 2:00 pm	Lunch Bunch (Gym) Lenten Study (Zoom) Lenten Study (Morris
Feb. 22	7:00 pm	Room) Choir
	40-00	Second Sunday in Lent
Feb. 25	10:30 am	(Sanctuary & Online)
	10:30 am 11:45 am 11:30 am	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion
	11:45 am 11:30 am 12:00 pm	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion Exercises Lunch Bunch (Gym)
	11:45 am 11:30 am 12:00 pm 7:00 pm	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion Exercises Lunch Bunch (Gym) Lenten Study (Zoom) Lenten Study (Morris
Feb. 27 Feb. 28	11:45 am 11:30 am 12:00 pm 7:00 pm	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion Exercises Lunch Bunch (Gym) Lenten Study (Zoom)
Feb. 27 Feb. 28	11:45 am 11:30 am 12:00 pm 7:00 pm 2:00 pm	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion Exercises Lunch Bunch (Gym) Lenten Study (Zoom) Lenten Study (Morris Room) Choir <b>Third Sunday in Lent</b> Holy Communion (Sanctuary & Online)
Feb. 27 Feb. 28 Feb. 29	11:45 am 11:30 am 12:00 pm 7:00 pm 2:00 pm 7:00 pm	(Sanctuary & Online) Sunday School Coffee Hour (Gym) Forever-In-Motion Exercises Lunch Bunch (Gym) Lenten Study (Zoom) Lenten Study (Morris Room) Choir <b>Third Sunday in Lent</b> Holy Communion

Mar. 6	2:00 pm	Lenten Study (Morris Room)
	7:00 pm	Joint Session/Board Meeting (Zoom)
Mar. 7	7:00 pm	Choir
Mar. 8	10:30am	Anniversary Committee (Morris Room)
Mar. 10	10:30 am	Fourth Sunday in Lent (Sanctuary & Online) Sunday School

# ASH WEDNESDAY IS ON VALENTINE'S DAY

